WHAT THE HECK IS AN ANGSTROM, ANYWAY?



Each bodybuilding mineral has an attraction toward specific areas of the body. Calcium, for example, is considered the "foundation mineral" of the human body. It feeds not only the bones, but also the organs, nerves, muscles, etc. Calcium has an attraction to the joints.

The body does not have the ability to digest, absorb, or utilize nutritional supplements that are made from chemicals, oyster shells, carbonates, dolomites, or oxides. Even pills listed as "all natural" often have added fillers and coatings that inhibit absorption. Most nutritional supplements in pill form end up in the sewer systems, often with the printed brand names still legible.

A majority of food supplements able to be broken down in the digestive system contain harmful compounds such as carbonates and phos-These comphates. pounds store in the joints, organs, muscles, and lymphatic system as toxins that eventually cause arthritis, weakening of the immune system, cancer, and other diseases.

Many of the "hard pill-form" minerals that do make it into the body's system are also stored as toxins because of the size of the molecular particle. Most of the "hard pill-form" mineral particle sizes are simply too large to be utilized by the body and, although many colloidal minerals are liquid, the particle size is *micron* (also called *micrometer* = the millionth part of a meter) and is too large to be absorbed at the cell level correctly.

Our *ionic* dietary supplement mineral waters are *"angstrom"* in molecular particle size. (An angstrom is "a unit of length equal to one hundred millionth (10⁻⁸) of a centimeter..."



Stedman's Medical Dictionary). In other words, it takes approximately one million angstromsized particles to equal the size of one micron. Our mineral water particles are so minute that absorption begins in the mouth and is completed upon reaching the stomach. Our minerals are the purest minerals available on the market today (up to 99.9999% pure) and are processed in the purest water (a 5-step process that assures absolutely pure water).

When our minerals are used, an amazing process begins to happen. It is called "chelation by replacement." Because calcium is naturally attracted to the joints, many people develop arthritis and other joint diseases. When our pure angstrom-size calcium particles enter the joints, the toxic or "junk" calcium molecular particles and harmful compound build-ups begin to be "bumped." Just what does this mean? It means that the angstrom-size calcium is moving in and replacing the "old" unusable calcium. The toxins created by the unusable calcium are then dumped into the body's system to be eliminated little by little.

This does not happen with just our calcium mineral water – it happens with every mineral supplement we offer! The minerals seek out, bump, and replace what was unusable with whatever your body needs most of the time. Just consider







5Alternatives.co